

# NURSE-FAMILY PARTNERSHIP



## THE SECONDARY GOALS OF THE PROGRAM ARE:

- To enhance families' material support by providing links with health and social services.
- To promote supportive relationships among family and friends.

**IF YOU ARE A FIRST-TIME, EXPECTANT MOTHER LESS THAN 28 WEEKS PREGNANT, AND NEED GUIDANCE AND SUPPORT, WE ARE HERE TO HELP.**

**Nurse Family Partnership (NFP)** is a health program that assists low income women who are pregnant with their first child. Program participants are paired with a registered nurse who provides education, helps you to develop useful skills, and monitors your progress from pregnancy until the baby's 2nd birthday. Home visits include health and wellness screenings, service coordination and follow-up to ensure that you have a successful pregnancy. In addition, NFP facilitates the reduction of child abuse/neglect, and helps to increase your economic self-sufficiency. The program serves pregnant mothers **primarily from the Sunnyside and Acres Homes neighborhoods**, as well as other areas within the Houston city limits.

Our nurses achieve this by utilizing developmentally-appropriate guidelines in assessing the child's growth and development.



**FOR MORE INFORMATION VISIT THE NATIONAL NURSE FAMILY PARTNERSHIP WEBSITE AT:**

[www.nursefamilypartnership.org](http://www.nursefamilypartnership.org)

**THERE ARE TWO LOCATIONS SERVING THE CITY OF HOUSTON:**

**Acres Homes (North)**  
6719 W. Montgomery Rd 832-393-4112  
**Sunnyside (South)**  
4410 Reed Rd 832-395-0070

**THE NFP PROGRAM IS DESIGNED TO:**

Improve the success of your pregnancy by:

- promoting positive health-related behaviors.

Improve your baby's health, development, and safety by:

- helping you to become a compassionate and competent caregiver.

Enhance your overall well-being by:

- encouraging goal-planning for pregnancy, educational achievements, and employment.

## HOUSTONHEALTH.ORG



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