HOUSTON HEALTH DEPARTMENT

FIFTH WARD MULTI-SERVICE CENTER

4014 Market Street
Houston, Texas 77020
Office: 832-393-3800
Fax: 832-393-3805

MSC ADMINISTRATION

832-393-3800
Monday - Friday 8 a.m. - 5 p.m.

RENTAL SPACE

832-393-3800

Rental space available for public meetings, receptions, workshops, banquets, and seminars. Conference rooms available for smaller meetings.

SERVICE LINKAGE

832-393-3800
Monday – Friday 8:00 a.m. – 4:00 p.m.
Assist clients in connecting them to particular services such as emergency food, emergency assistance with rent and utilities, medical support, and other issues affecting clients. Ask for the Client Relations Specialist

THE HARRIS CENTER - ECI PROGRAM

713-970-4900
Monday - Friday By Appointment Only

The Harris Center for Mental Health and IDD, Infant Program provides infant stimulation to help young children who show a delay in development to reach their fullest potential by conducting home visits for parents and children.

HOUSTON FOOD BANK

832-393-3800
3rd Wednesday of **ODD** Numbered Months
8 a.m. - 11 a.m.

The Houston Food Bank provides food assistance to seniors of age 60+, and families with children under five years of age on a monthly basis. An educational component is incorporated as one of the requirements to participate.

TARGET HUNGER

832-393-3800
2nd and 4th Fridays of the Month
8a.m. - 11 a.m.

Target Hunger is a supplemental food program that facilitates the effective entry, coordination and implementation of Houston's existing educational, health and social services for under-served communities.

HOUSTON HEALTH DEPARTMENT

JW PEAVY SENIOR CENTER/BAKER RIPLEY SENIOR HEALTH AND WELLNESS CENTER

3814 Market Street
Houston, Texas 77020

832-393-3864 or 832-396-6403 — 8 a.m. - 4 p.m.
Monday- Friday — By Appointment Only
Contact: Bessie Hartford
Email: bhartford@bakerripley.org

- Free nutritious lunch
- Health and wellness classes
- Exercise classes and Tai Chi
- Games, Computer Classes
- Arts and crafts
- Parties and special events
- Senior resources

SICKLE CELL ASSOCIATION OF HOUSTON

Monday - Friday

The Sickle Cell Association of Houston serves as a resource and coordination center to serve those who suffer from Sickle Cell Disease. Accommodates the needs of Houstonians faced with the challenges of Sickle Cell Anemia, such as access to care, socio-economical support, mental health, substance abuse, and more. Focuses on the whole health of the individual to improve patient- physician relationships and communication and empowering SCD sufferers and their families through education and access.

MY BROTHERS KEEPER

832-393-3800

My Brother's Keeper educates and trains youth in the schools to equip them with literacy tools and see that they prosper into the workforce or to higher education after high school.

COMMUNITY ORGANIZATION MEETING

GREATER FIFTH WARD SUPER-NEIGHBORHOOD COUNCIL NO. 55

1st Wednesday — 6 p.m. - 7:30 p.m.

ALZHEIMER'S SUPPORT GROUP

2nd Monday — 6 p.m. - 7:30 p.m.

HUMAN SERVICES CARE COORDINATION

Monday – Friday — 8a – 5p
832-395-8168 / 832-395-8135

Care coordination provides case management support to ensure clients receive appropriate follow-up care and are linked to a medical home.

GET MOVING URBAN GARDENS

The Get Moving Houston Urban Gardens provides hands-on experience in vegetable gardening and urban agriculture to community members and encourages the consumption of local fruits and vegetables.

BEAT THE HEAT WITH RELIANT

June -October
Monday – Friday — 8a-5p

Serves as a Cooling Center for individuals needing to escape high temperatures.

URBAN ENRICHMENT INSTITUTE (FIFTH WARD ENRICHMENT PROGRAM)

713-229-8353

Monday - Thursday 3:30 p.m.- 6 p.m.
Summer hours: Monday-Friday 8 a.m. - 5 p.m.

UEI is designed to empower boys to become responsible men and productive members of their families and community. The Fifth Ward is one of Houston's more economically distressed neighborhoods and is greatly affected by the urban problems of gang violence, drug abuse, high teen pregnancy rates, school dropout and crime.

The Urban Enrichment Institute - UEI (formerly the Fifth Ward Enrichment Program Incorporated) attempts to help participants redirect their energies into positive goals for the future rather than falling into the destructive path taken by many youths. They are taught to value education, delay gratification, view life as sacred and set responsible priorities.

Males acquire social and leadership skills through male role models, mentoring techniques, academic support and therapeutic activities. In addition, they learn the importance of respect and communication in their relationships with others, specifically women.

LIFT ZONE (HOTSPOT INTERNET ACCESS)

Comcast Lift Zones provide free hotspot internet access to help students get online, participate in distance learning, and do their homework

TEXAS AREA HEALTH EDUCATION CENTER EAST - GREATER HOUSTON REGION

713-592-6411 Fax: 713-592-6415
Monday- Friday By Appointment Only

Walk-ins welcome. The Texas Area Education Center East seeks to improve the health of our population, especially the underserved, by creating partnerships with community and academic organizations. Operation CLICKS is a computer literacy program (focused on seniors) that provides education on basic computer and internet usage skills. Community health workers work with the local healthcare system to bridge the gap between providers and underserved populations.

CLIENT ACCESS PROGRAM

Call for an Appointment 832-393-4984

Functions as a one-stop shop to serve anyone needing assistance with completing applications for health service programs. Eligibility for Houston Health Department Health Centers can be determined on-site. Provides application completion for Harris County Financial Assistance Program, Texas Medicaid, and Children's Health Insurance Program (CHIP), and Healthy Texas Women program.