

Houston Respiratory Illness Dashboard

Current Week: March 22, 2026 to March 28, 2026

Current Influenza Season: 2025-2026

Data in dashboard are updated weekly by Wednesdays during the influenza season (October - May).

Last update occurred on April 1, 2026.

The **Houston Respiratory Illness dashboard tracks city-wide COVID-19, Influenza, and respiratory syncytial virus (RSV) activity during the influenza season**, using both healthcare encounter and wastewater data. **Key figures highlight current seasonal trends, demographic profiles, and spatial patterns.** This dashboard will be updated weekly during the influenza season from October to May, and an abbreviated version is available year round.

Key Highlights for MMWR Week 2026-12 (ending March 28, 2026)

COVID-19	Influenza	RSV
Healthcare Encounter Level: LOW	Healthcare Encounter Level: LOW	Healthcare Encounter Level: LOW
5-week Encounter Trend: STABLE	5-week Encounter Trend: STABLE	5-week Encounter Trend: DECREASING
Wastewater Level: LOW	Wastewater Level: Flu A: LOW Flu B: LOW	Wastewater Level: MODERATE
Wastewater Trend: STABLE	Wastewater Trend: Flu A: STABLE Flu B: STABLE	Wastewater Trend: STABLE

Levels (**LOW**, **MODERATE**, **HIGH**) indicates how the current respiratory activity compares to that of the previous season's low activity weeks. A "**decreasing**" trend indicates the recent linear trend is statistically significant on a downward trend. An "**increasing**" trend indicates the recent linear trend is statistically significant on an upward trend. A "stable" trend indicates the recent linear trend is neither significantly increasing or decreasing.

Data are generally presented at the weekly level. Week numberings follow the the Morbidity and Mortality Weekly Report (MMWR) reporting schedule set by the CDC. Data are also affected by various lags and updates,

therefore, values and visualizations are subject to change through time. **Please see "Notes on Data" tab for more information about the data sources, methods, and resources.** 