HOUSTON HEALTH DEPARTMENT

2026 HIV SURVEILLANCE QUARTERLY REPORT (2026-Q1)

Prepared by:
HHD Informatics Program
April 6, 2026

AIDS: Summary of Houston/Harris County Cases

Cumulative Reported 1981-03/31/2026

Table 1: Reported AIDS Cases by Race/Ethnicity, Sex and Age at Diagnosis

		White		Black		Hispanic		Multi/Unk /Other		Total	
		No.	%	No.	%	No.	%	No.	%	No.	%
Sex	Age										
1.Male	0 - 04 yrs	9	0.1	43	0.3	14	0.2	1	0.1	67	0.2
	05 - 12 yrs	4	0	9	0.1	4	0	0	0	17	0
	13 - 19 yrs	20	0.2	139	0.9	70	0.8	15	1	244	0.7
	20 - 29 yrs	1621	14.2	2294	15.3	1780	20.4	259	17.8	5954	16.3
	30 - 39 yrs	4716	41.2	3618	24.1	3016	34.6	413	28.4	11763	32.1
	40 - 49 yrs	2913	25.5	2499	16.7	1604	18.4	289	19.9	7305	19.9
	Over 50	1398	12.2	1606	10.7	852	9.8	163	11.2	4019	11
	Total	10681	93.4	10208	68	7340	84.1	1140	78.5	29369	80.2
2.Female	Age										
	0 - 04 yrs	4	0	39	0.3	18	0.2	2	0.1	63	0.2
	05 - 12 yrs	2	0	12	0.1	3	0	0	0	17	0
	13 - 19 yrs	13	0.1	109	0.7	24	0.3	11	0.8	157	0.4
	20 - 29 yrs	163	1.4	1078	7.2	303	3.5	61	4.2	1605	4.4
	30 - 39 yrs	247	2.2	1646	11	456	5.2	111	7.6	2460	6.7
	40 - 49 yrs	198	1.7	1183	7.9	339	3.9	73	5	1793	4.9
	Over 50	128	1.1	734	4.9	243	2.8	55	3.8	1160	3.2
	Total	755	6.6	4801	32	1386	15.9	313	21.5	7255	19.8
Total	Age										
	0 - 04 yrs	13	0.1	82	0.5	32	0.4	3	0.2	130	0.4
	05 - 12 yrs	6	0.1	21	0.1	7	0.1	0	0	34	0.1
	13 - 19 yrs	33	0.3	248	1.7	94	1.1	26	1.8	401	1.1
	20 - 29 yrs	1784	15.6	3372	22.5	2083	23.9	320	22	7559	20.6
	30 - 39 yrs	4963	43.4	5264	35.1	3472	39.8	524	36.1	14223	38.8
	40 - 49 yrs	3111	27.2	3682	24.5	1943	22.3	362	24.9	9098	24.8
	Over 50	1526	13.3	2340	15.6	1095	12.5	218	15	5179	14.1
	Total	11436	100	15009	100	8726	100	1453	100	36624	100

Figure 1: Reported AIDS Cases by Diagnosis Year

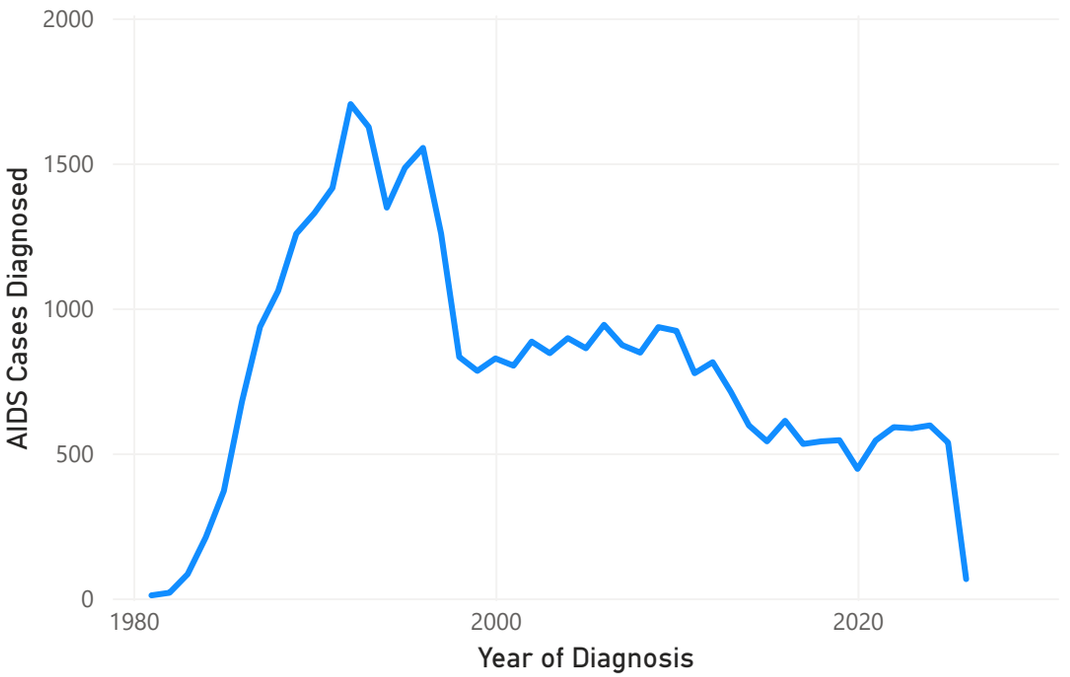


Table 2: Reported AIDS Cases by City of Residence at Diagnosis

City	Cases	%
Baytown	305	0.83
Bellaire	93	0.25
Houston	33352	91.07
Humble	492	1.34
Katy	331	0.90
Other	1130	3.09
Pasadena	542	1.48
Spring	379	1.03
Total	**36624**	**99.99**

Table 3: Reported AIDS Cases by Mortality Status

Status	Cases	%
Deceased	21431	58.52
Presumed Living	15193	41.48
Total	**36624**	**100.00**

Bureau of Epidemiology Houston Health Department Contact Phone: (832)-393-5080

Note: Totals for all categories presented may change due to reporting delays or reclassification. 2024 and 2025 data are provisional and subject to change

Table 4. Reported AIDS Cases by Race/Ethnicity, Sex and Identified Risk

		White		Black		Hispanic		Multi/Unk /Other		Total	
		No.	%	No.	%	No.	%	No.	%	No.	%
Sex	Risk										
1.Male	Male-to-Male Sexual Contact	8352	73	5713	38.1	5188	59.5	766	52.7	20019	54.7
	People Who Inject Drug (PWID)	403	3.5	1136	7.6	289	3.3	59	4.1	1887	5.2
	Hemophilia	23	0.2	11	0.1	13	0.1	2	0.1	49	0.1
	Heterosexual Contact	183	1.6	1095	7.3	483	5.5	66	4.5	1827	5
	Blood Transfusion	44	0.4	8	0.1	6	0.1	2	0.1	60	0.2
	Mother with HIV	9	0.1	67	0.4	22	0.3	2	0.1	100	0.3
	Other/Undetermined	462	4	1129	7.5	845	9.7	111	7.6	2547	7
	Total	10681	93.4	10208	68	7340	84.1	1140	78.5	29369	80.2
2.Female	Risk										
	People Who Inject Drug (PWID)	277	2.4	1042	6.9	149	1.7	50	3.4	1518	4.1
	Hemophilia	0	0	1	0	1	0	0	0	2	0
	Heterosexual Contact	320	2.8	2485	16.6	771	8.8	165	11.4	3741	10.2
	Blood Transfusion	21	0.2	8	0.1	10	0.1	1	0.1	40	0.1
	Mother with HIV	3	0	81	0.5	32	0.4	5	0.3	121	0.3
	Other/Undetermined	134	1.2	1184	7.9	423	4.8	92	6.3	1833	5
	Total	755	6.6	4801	32	1386	15.9	313	21.5	7255	19.8
Total	Risk										
	Male-to-Male Sexual Contact	8352	73	5713	38.1	5188	59.5	766	52.7	20019	54.7
	People Who Inject Drug (PWID)	680	5.9	2178	14.5	438	5	109	7.5	3405	9.3
	Hemophilia	23	0.2	12	0.1	14	0.2	2	0.1	51	0.1
	Heterosexual Contact	503	4.4	3580	23.9	1254	14.4	231	15.9	5568	15.2
	Blood Transfusion	65	0.6	16	0.1	16	0.2	3	0.2	100	0.3
	Male to Male Sex & PWID	1205	10.5	1049	7	494	5.7	132	9.1	2880	7.9
	Mother with HIV	12	0.1	148	1	54	0.6	7	0.5	221	0.6
	Other/Undetermined	596	5.2	2313	15.4	1268	14.5	203	14	4380	12
	Total	11436	100	15009	100	8726	100	1453	100	36624	100

Figure 2: AIDS Cases by Risk

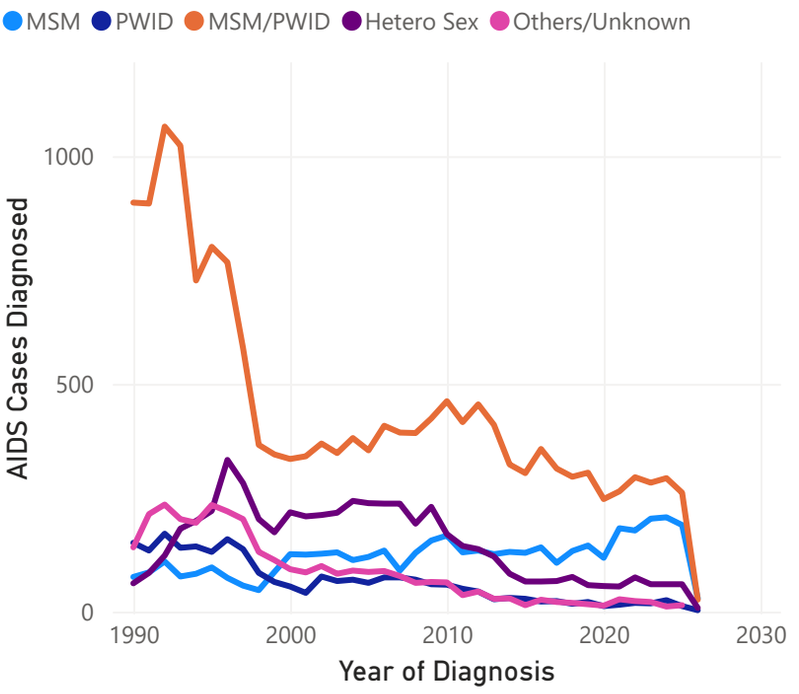
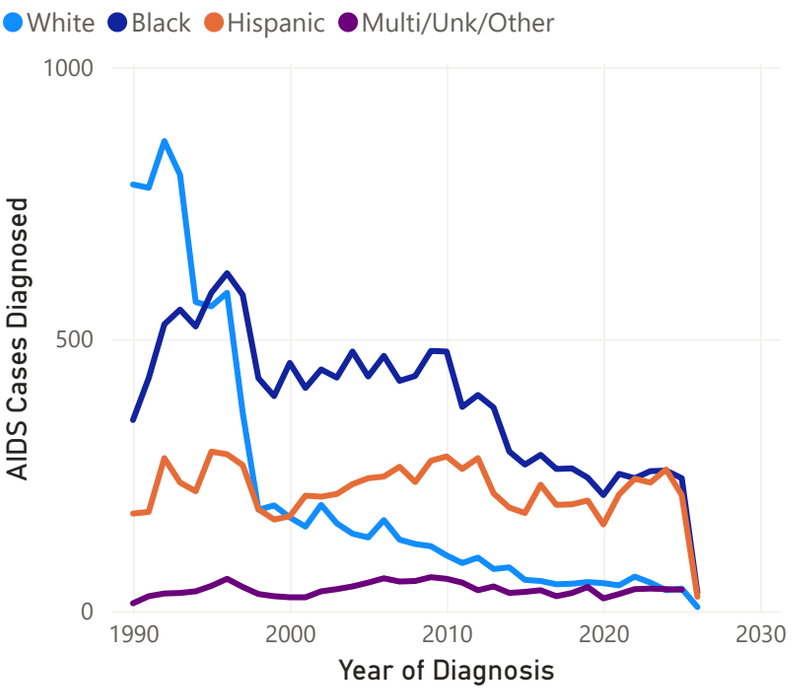


Figure 3: AIDS Cases by Race



Note: Totals for all categories presented may change due to reporting delays or reclassification. 2024 and 2025 data are provisional and subject to change

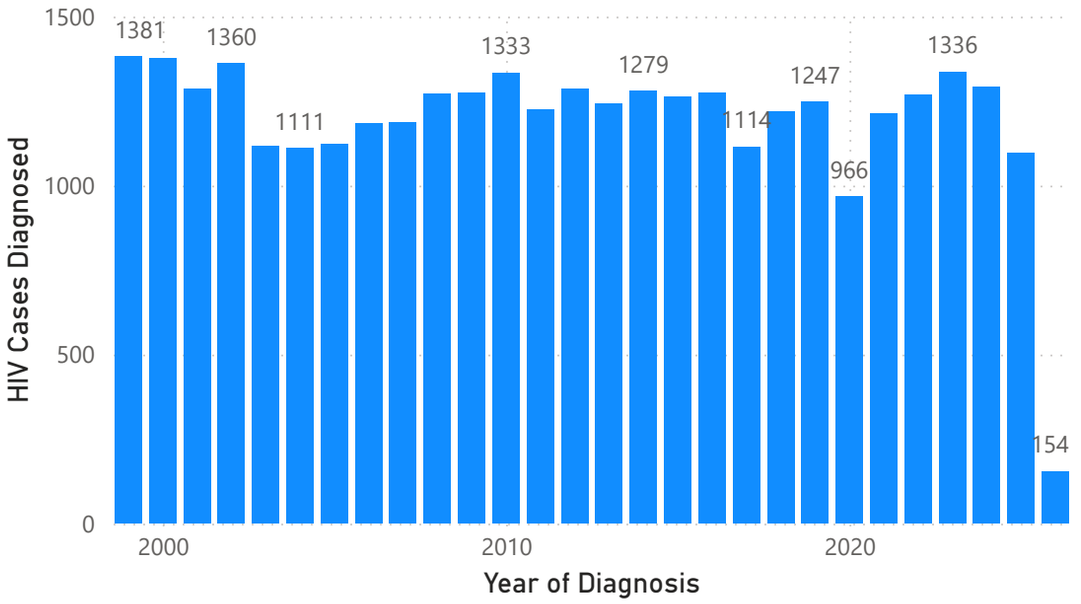
HIV: Summary of Adult* Reportable Houston/Harris County Cases

Cumulative Reported 1999-03/31/2026

Table 5: Reported HIV Cases, Regardless of AIDS Status, by Race/Ethnicity, Sex and Age at Diagnosis

		White		Black		Hispanic		Multi/Unk /Other		Total	
		No.	%	No.	%	No.	%	No.	%	No.	%
Sex	Age										
1.Male	13 - 19 yrs	67	1.2	712	4	422	3.5	77	3.6	1278	3.4
	20 - 29 yrs	1172	20.5	4392	24.9	3789	31.4	646	30	9999	26.6
	30 - 39 yrs	1768	30.9	3343	19	3383	28.1	493	22.9	8987	23.9
	40 - 49 yrs	1170	20.4	1946	11	1693	14	292	13.6	5101	13.6
	Over 49	802	14	1316	7.5	881	7.3	156	7.3	3155	8.4
	Total	4979	87	11709	66.4	10168	84.4	1664	77.4	28520	75.9
2.Female	Age										
	13 - 19 yrs	34	0.6	459	2.6	114	0.9	45	2.1	652	1.7
	20 - 29 yrs	183	3.2	1882	10.7	582	4.8	156	7.3	2803	7.5
	30 - 39 yrs	212	3.7	1733	9.8	575	4.8	141	6.6	2661	7.1
	40 - 49 yrs	187	3.3	1073	6.1	341	2.8	79	3.7	1680	4.5
	Over 49	128	2.2	782	4.4	270	2.2	65	3	1245	3.3
	Total	744	13	5929	33.6	1882	15.6	486	22.6	9041	24.1
Total	Age										
	13 - 19 yrs	101	1.8	1171	6.6	536	4.4	122	5.7	1930	5.1
	20 - 29 yrs	1355	23.7	6274	35.6	4371	36.3	802	37.3	12802	34.1
	30 - 39 yrs	1980	34.6	5076	28.8	3958	32.8	634	29.5	11648	31
	40 - 49 yrs	1357	23.7	3019	17.1	2034	16.9	371	17.3	6781	18.1
	Over 49	930	16.3	2098	11.9	1151	9.6	221	10.3	4400	11.7
	Total	5723	100	17638	100	12050	100	2150	100	37561	100

Figure 4: Adult HIV Cases in Houston/Harris County



HIV became reportable in 1999. The year of diagnosis in Figure 4 is the year of the earliest known test and may not be the same year as the reportable test. Reportable tests with diagnosis year before 1999 are not displayed in Figure 4.

Table 6: Reported Adult HIV Cases by City of Residence at Diagnosis

City	Cases	%
Baytown	346	0.92
Bellaire	31	0.08
Houston	33150	88.26
Humble	817	2.18
Katy	563	1.50
Other	1492	3.97
Pasadena	568	1.51
Spring	594	1.58
Total	**37561**	**100.00**

Table 7: Reported Adult HIV Cases by Mortality Status

Status	Cases	%
Deceased	8469	22.55
Presumed Living	29092	77.45
Total	**37561**	**100.00**

Note: Totals for all categories presented may change due to reporting delays or reclassification. 2024 and 2025 data are provisional and subject to change

Table 8: Reported HIV Cases, Regardless of AIDS Status, by Race/Ethnicity, Sex and Identified Risk

		White		Black		Hispanic		Multi/Unk /Other		Total	
		No.	%	No.	%	No.	%	No.	%	No.	%
Sex	Risk										
1.Male	Male-to-Male Sexual Contact	3648	63.7	7487	42.4	7749	64.3	1235	57.4	20119	53.6
	People Who Inject Drug (PWID)	157	2.7	497	2.8	148	1.2	45	2.1	847	2.3
	Male to Male Sex & PWID	439	7.7	694	3.9	415	3.4	116	5.4	1664	4.4
	Heterosexual Contact	115	2	942	5.3	429	3.6	63	2.9	1549	4.1
	Other/Undetermined	620	10.8	2089	11.8	1427	11.8	205	9.5	4341	11.6
	Total	4979	87	11709	66.4	10168	84.4	1664	77.4	28520	75.9
2.Female	Risk										
	People Who Inject Drug (PWID)	187	3.3	630	3.6	107	0.9	46	2.1	970	2.6
	Heterosexual Contact	283	4.9	2936	16.6	961	8	244	11.3	4424	11.8
	Other/Undetermined	274	4.8	2363	13.4	814	6.8	196	9.1	3647	9.7
	Total	744	13	5929	33.6	1882	15.6	486	22.6	9041	24.1
Total	Risk										
	Male-to-Male Sexual Contact	3648	63.7	7487	42.4	7749	64.3	1235	57.4	20119	53.6
	People Who Inject Drug (PWID)	344	6	1127	6.4	255	2.1	91	4.2	1817	4.8
	Male to Male Sex & PWID	439	7.7	694	3.9	415	3.4	116	5.4	1664	4.4
	Heterosexual Contact	398	7	3878	22	1390	11.5	307	14.3	5973	15.9
	Other/Undetermined	894	15.6	4452	25.2	2241	18.6	401	18.7	7988	21.3
	Total	5723	100	17638	100	12050	100	2150	100	37561	100

Figure 5: Reported Adult HIV Cases in Houston/HarrisCo., by Identified Risk 1/1/1999 - 03/31/2026

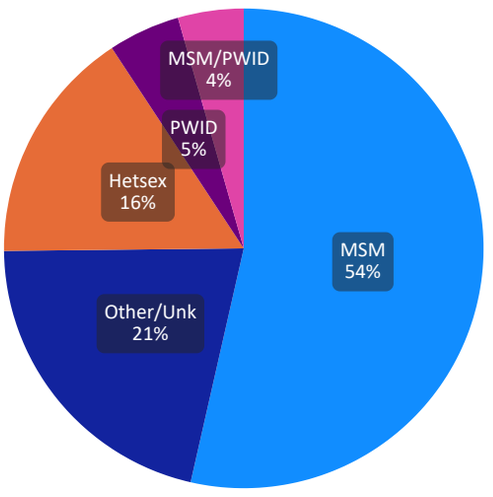
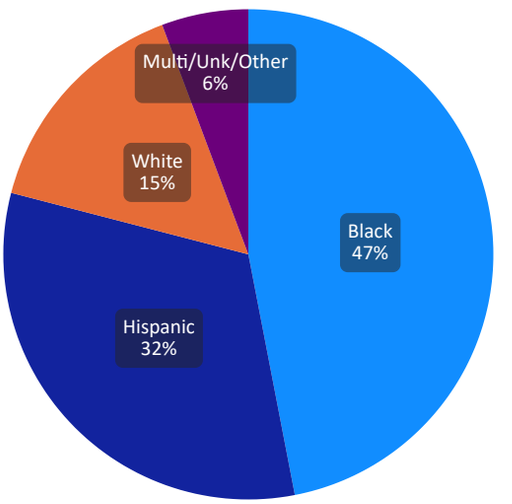


Figure 6: Reported Adult HIV Cases in Houston/Harris Co., by Race/Ethnicity 1/1/1999 - 03/31/2026



Note: Totals for all categories presented may change due to reporting delays or reclassification. 2024 and 2025 data are provisional and subject to change

Notes on HIV and AIDS categories

HIV became a reportable condition in Texas in 1999 when positive HIV Western blots performed after 1998 became reportable. In the year 2000, the case definition was expanded to include any detectable HIV viral load performed after 1999. So Houston/Harris County began reporting HIV in 1999. During the investigation of a positive HIV report, an earlier HIV diagnosis date may be discovered. An HIV case may be reported in 1999, but the HIV diagnosis date may be an earlier date such as 1994. Thus, the sum of all HIV cases reported from 1999 forward (the total number in Table 5) does not equal the sum of the HIV cases diagnosed from 1999 forward (the sum of the cases shown in Fig. 4).

As reported in this quarterly report, HIV and AIDS categories are not mutually exclusive categories. If a person has a reportable HIV test after 1998, the person will be counted as an HIV case, regardless of AIDS status. If the same person subsequently develops AIDS, the person will continue to be counted as an HIV case, regardless of AIDS status, but in addition be counted as an AIDS case. Thus, one cannot add the HIV and AIDS cases together to compute the number of cases of HIV or AIDS.

Interstate Duplication Evaluation Project (IDEP)

In October 2004, the state health departments and the CDC evaluated and resolved interstate duplication of HIV and AIDS case reports submitted to the national database. Less than 1% of the HIV-only cases and less than 2% of the AIDS cases were found to be duplicates in the Houston/Harris Co. database as a result of the IDEP project. Now the state health departments together with the CDC periodically compare cases, and evaluate and resolve interstate duplication of reporting.

Note on Heterosexual Contact Risk Category

The heterosexual contact risk category refers to heterosexual contact with people known to have HIV or at high risk for HIV (bisexual men or PWID).