HOUSTON HEALTH DEPARTMENT

2026 HIV SURVEILLANCE QUARTERLY REPORT (2026-Q2)

Prepared by:
HHD Informatics Program
July 6, 2026

AIDS: Summary of Houston/Harris County Cases

Cumulative Reported 1981-07/31/2026

Table 1: Reported AIDS Cases by Race/Ethnicity, Sex and Age at Diagnosis

		White		Black		Hispanic		Multi/Unk /Other		Total	
		No.	%	No.	%	No.	%	No.	%	No.	%
Sex	Age										
1.Male	0 - 04 yrs	9	0.1	43	0.3	14	0.2	1	0.1	67	0.2
	05 - 12 yrs	4	0	9	0.1	4	0	0	0	17	0
	13 - 19 yrs	20	0.2	140	0.9	71	0.8	15	1	246	0.7
	20 - 29 yrs	1622	14.2	2305	15.3	1795	20.4	260	17.7	5982	16.3
	30 - 39 yrs	4717	41.2	3634	24.1	3034	34.5	420	28.6	11805	32.1
	40 - 49 yrs	2917	25.5	2508	16.6	1619	18.4	291	19.8	7335	19.9
	Over 50	1402	12.2	1614	10.7	862	9.8	165	11.2	4043	11
	Total	10691	93.4	10253	68	7399	84.1	1152	78.5	29495	80.2
2.Female	Age										
	0 - 04 yrs	4	0	39	0.3	18	0.2	2	0.1	63	0.2
	05 - 12 yrs	2	0	12	0.1	3	0	0	0	17	0
	13 - 19 yrs	13	0.1	109	0.7	24	0.3	11	0.7	157	0.4
	20 - 29 yrs	163	1.4	1079	7.2	305	3.5	60	4.1	1607	4.4
	30 - 39 yrs	247	2.2	1648	10.9	460	5.2	113	7.7	2468	6.7
	40 - 49 yrs	199	1.7	1189	7.9	340	3.9	73	5	1801	4.9
	Over 50	128	1.1	740	4.9	246	2.8	56	3.8	1170	3.2
	Total	756	6.6	4816	32	1396	15.9	315	21.5	7283	19.8
Total	Age										
	0 - 04 yrs	13	0.1	82	0.5	32	0.4	3	0.2	130	0.4
	05 - 12 yrs	6	0.1	21	0.1	7	0.1	0	0	34	0.1
	13 - 19 yrs	33	0.3	249	1.7	95	1.1	26	1.8	403	1.1
	20 - 29 yrs	1785	15.6	3384	22.5	2100	23.9	320	21.8	7589	20.6
	30 - 39 yrs	4964	43.4	5282	35.1	3494	39.7	533	36.3	14273	38.8
	40 - 49 yrs	3116	27.2	3697	24.5	1959	22.3	364	24.8	9136	24.8
	Over 50	1530	13.4	2354	15.6	1108	12.6	221	15.1	5213	14.2
	Total	11447	100	15069	100	8795	100	1467	100	36778	100

Figure 1: Reported AIDS Cases by Diagnosis Year

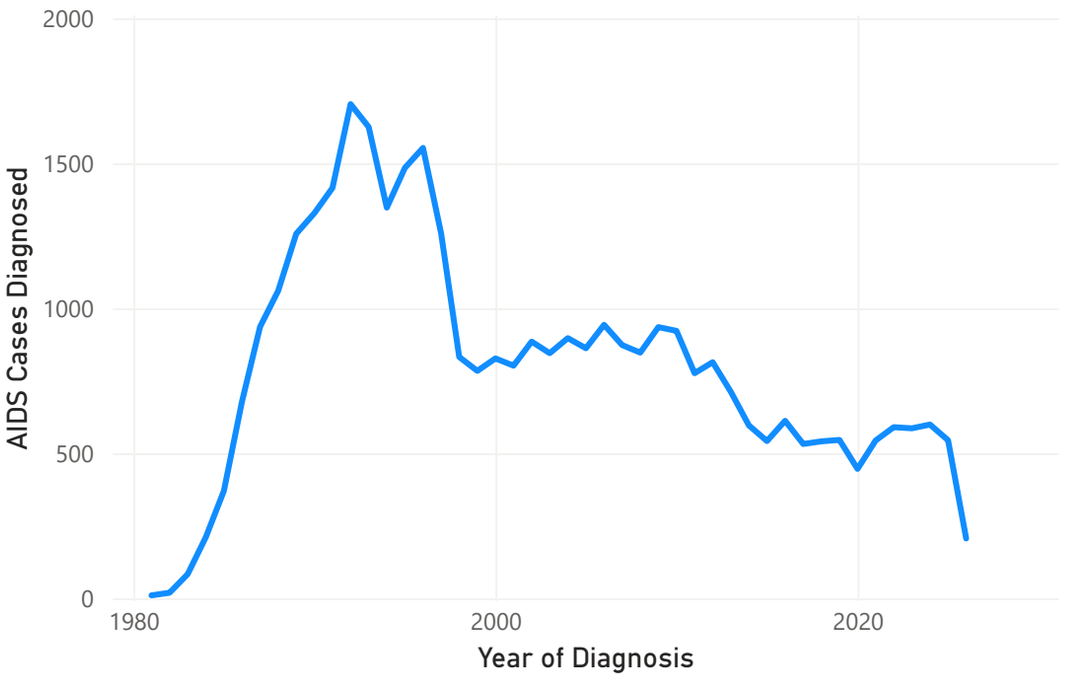


Table 2: Reported AIDS Cases by City of Residence at Diagnosis

City	Cases	%
Baytown	306	0.83
Bellaire	93	0.25
Houston	33479	91.03
Humble	498	1.35
Katy	335	0.91
Other	1138	3.09
Pasadena	544	1.48
Spring	385	1.05
Total	**36778**	**99.99**

Table 3: Reported AIDS Cases by Mortality Status

Status	Cases	%
Deceased	21513	58.49
Presumed Living	15265	41.51
Total	**36778**	**100.00**

Bureau of Epidemiology Houston Health Department Contact Phone: (832)-393-5080

Note: Totals for all categories presented may change due to reporting delays or reclassification. 2024 and 2025 data are provisional and subject to change

Table 4. Reported AIDS Cases by Race/Ethnicity, Sex and Identified Risk

		White		Black		Hispanic		Multi/Unk /Other		Total	
		No.	%	No.	%	No.	%	No.	%	No.	%
Sex	Risk										
1.Male	Male-to-Male Sexual Contact	8360	73	5735	38.1	5228	59.4	777	53	20100	54.7
	People Who Inject Drug (PWID)	404	3.5	1137	7.5	291	3.3	59	4	1891	5.1
	Hemophilia	23	0.2	11	0.1	13	0.1	2	0.1	49	0.1
	Heterosexual Contact	183	1.6	1100	7.3	490	5.6	68	4.6	1841	5
	Blood Transfusion	44	0.4	8	0.1	6	0.1	2	0.1	60	0.2
	Mother with HIV	9	0.1	67	0.4	22	0.3	2	0.1	100	0.3
	Other/Undetermined	463	4	1144	7.6	851	9.7	111	7.6	2569	7
	Total	10691	93.4	10253	68	7399	84.1	1152	78.5	29495	80.2
2.Female	Risk										
	People Who Inject Drug (PWID)	277	2.4	1044	6.9	151	1.7	50	3.4	1522	4.1
	Hemophilia	0	0	1	0	1	0	0	0	2	0
	Heterosexual Contact	321	2.8	2493	16.5	777	8.8	168	11.5	3759	10.2
	Blood Transfusion	21	0.2	8	0.1	10	0.1	1	0.1	40	0.1
	Mother with HIV	3	0	81	0.5	32	0.4	5	0.3	121	0.3
	Other/Undetermined	134	1.2	1189	7.9	425	4.8	91	6.2	1839	5
	Total	756	6.6	4816	32	1396	15.9	315	21.5	7283	19.8
Total	Risk										
	Male-to-Male Sexual Contact	8360	73	5735	38.1	5228	59.4	777	53	20100	54.7
	People Who Inject Drug (PWID)	681	5.9	2181	14.5	442	5	109	7.4	3413	9.3
	Hemophilia	23	0.2	12	0.1	14	0.2	2	0.1	51	0.1
	Heterosexual Contact	504	4.4	3593	23.8	1267	14.4	236	16.1	5600	15.2
	Blood Transfusion	65	0.6	16	0.1	16	0.2	3	0.2	100	0.3
	Male to Male Sex & PWID	1205	10.5	1051	7	498	5.7	131	8.9	2885	7.8
	Mother with HIV	12	0.1	148	1	54	0.6	7	0.5	221	0.6
	Other/Undetermined	597	5.2	2333	15.5	1276	14.5	202	13.8	4408	12
	Total	11447	100	15069	100	8795	100	1467	100	36778	100

Figure 2: AIDS Cases by Risk

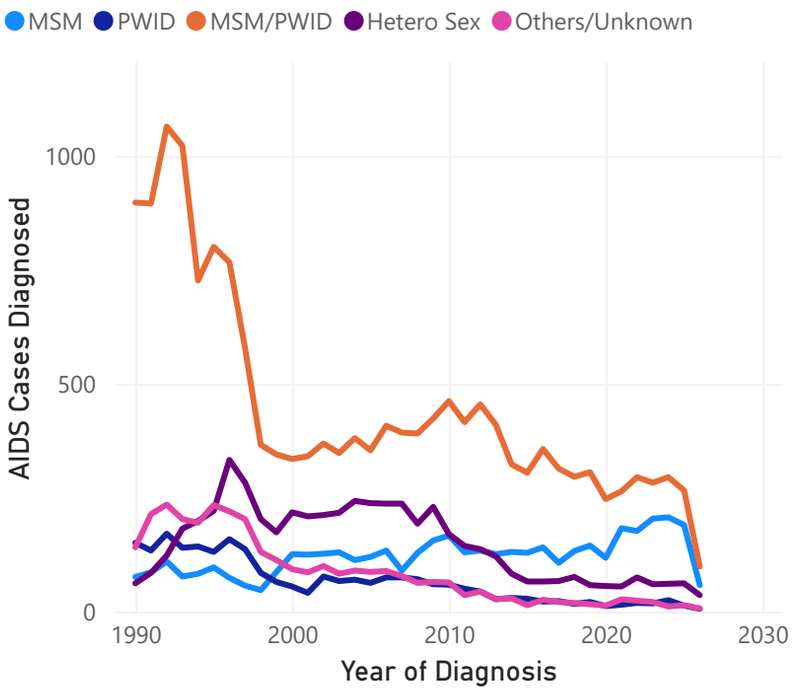
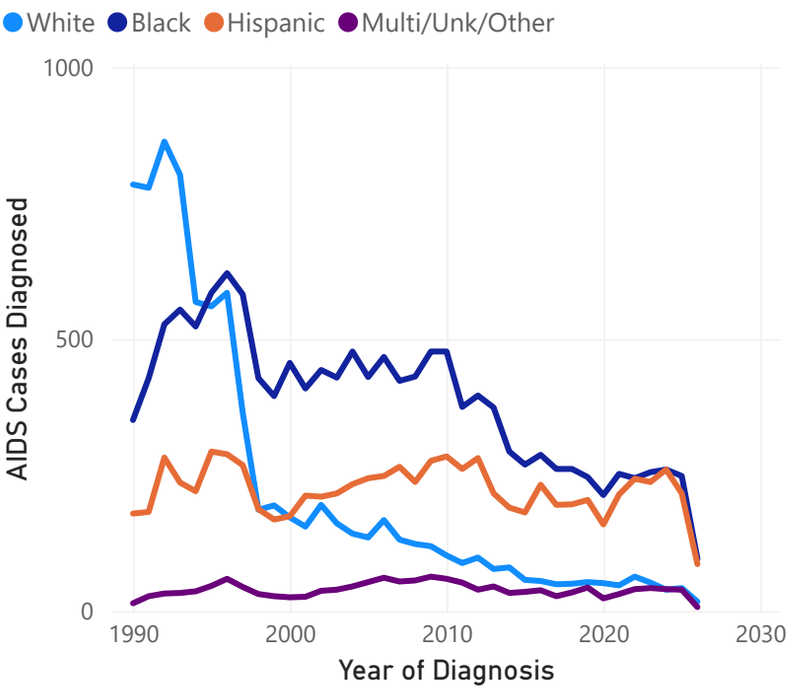


Figure 3: AIDS Cases by Race



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Note: Totals for all categories presented may change due to reporting delays or reclassification. 2024 and 2025 data are provisional and subject to change

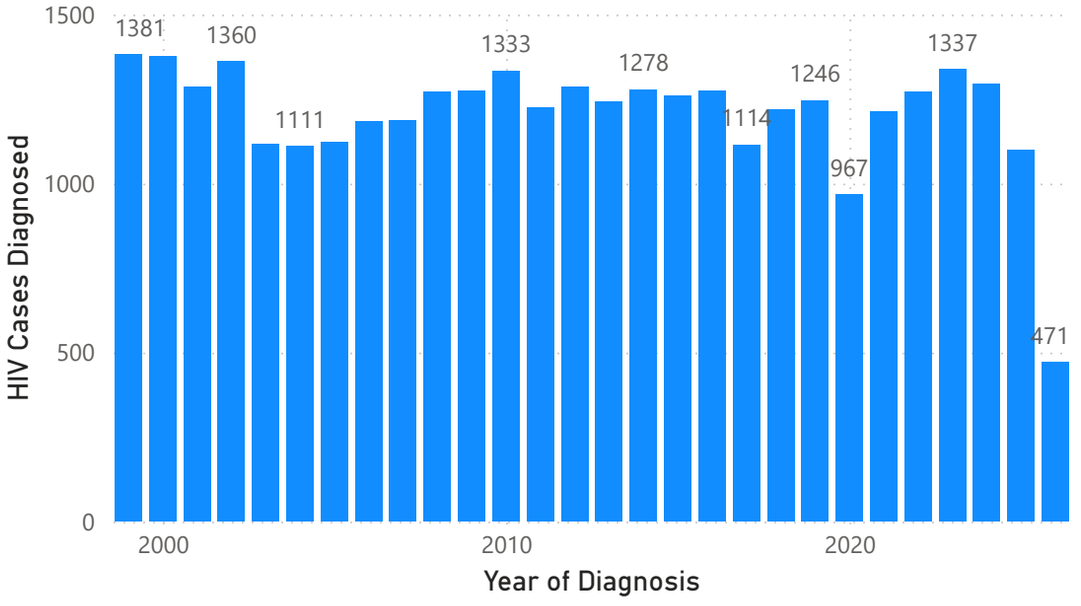
HIV: Summary of Adult* Reportable Houston/Harris County Cases

Cumulative Reported 1999-07/31/2026

Table 5: Reported HIV Cases, Regardless of AIDS Status, by Race/Ethnicity, Sex and Age at Diagnosis

		White		Black		Hispanic		Multi/Unk /Other		Total	
		No.	%	No.	%	No.	%	No.	%	No.	%
Sex	Age										
1.Male	13 - 19 yrs	69	1.2	718	4	423	3.5	77	3.5	1287	3.4
	20 - 29 yrs	1173	20.4	4431	24.9	3846	31.6	652	30	10102	26.7
	30 - 39 yrs	1775	30.8	3369	19	3420	28.1	502	23.1	9066	23.9
	40 - 49 yrs	1178	20.5	1965	11.1	1710	14	295	13.6	5148	13.6
	Over 49	811	14.1	1329	7.5	893	7.3	158	7.3	3191	8.4
	Total	5006	86.9	11812	66.5	10292	84.4	1684	77.5	28794	76
2.Female	Age										
	13 - 19 yrs	34	0.6	461	2.6	113	0.9	45	2.1	653	1.7
	20 - 29 yrs	185	3.2	1885	10.6	585	4.8	158	7.3	2813	7.4
	30 - 39 yrs	215	3.7	1740	9.8	580	4.8	141	6.5	2676	7.1
	40 - 49 yrs	188	3.3	1076	6.1	346	2.8	79	3.6	1689	4.5
	Over 49	132	2.3	790	4.4	274	2.2	66	3	1262	3.3
	Total	754	13.1	5952	33.5	1898	15.6	489	22.5	9093	24
Total	Age										
	13 - 19 yrs	103	1.8	1179	6.6	536	4.4	122	5.6	1940	5.1
	20 - 29 yrs	1358	23.6	6316	35.6	4431	36.3	810	37.3	12915	34.1
	30 - 39 yrs	1990	34.5	5109	28.8	4000	32.8	643	29.6	11742	31
	40 - 49 yrs	1366	23.7	3041	17.1	2056	16.9	374	17.2	6837	18
	Over 49	943	16.4	2119	11.9	1167	9.6	224	10.3	4453	11.8
	Total	5760	100	17764	100	12190	100	2173	100	37887	100

Figure 4: Adult HIV Cases in Houston/Harris County



HIV became reportable in 1999. The year of diagnosis in Figure 4 is the year of the earliest known test and may not be the same year as the reportable test. Reportable tests with diagnosis year before 1999 are not displayed in Figure 4.

Table 6: Reported Adult HIV Cases by City of Residence at Diagnosis

City	Cases	%
Baytown	354	0.93
Bellaire	31	0.08
Houston	33416	88.20
Humble	827	2.18
Katy	574	1.52
Other	1506	3.97
Pasadena	572	1.51
Spring	607	1.60
Total	**37887**	**99.99**

Table 7: Reported Adult HIV Cases by Mortality Status

Status	Cases	%
Deceased	8575	22.63
Presumed Living	29312	77.37
Total	**37887**	**100.00**

Note: Totals for all categories presented may change due to reporting delays or reclassification. 2024 and 2025 data are provisional and subject to change

Table 8: Reported HIV Cases, Regardless of AIDS Status, by Race/Ethnicity, Sex and Identified Risk

		White		Black		Hispanic		Multi/Unk /Other		Total	
		No.	%	No.	%	No.	%	No.	%	No.	%
Sex	Risk										
1.Male	Male-to-Male Sexual Contact	3668	63.7	7539	42.4	7843	64.3	1252	57.6	20302	53.6
	People Who Inject Drug (PWID)	159	2.8	498	2.8	150	1.2	45	2.1	852	2.2
	Male to Male Sex & PWID	438	7.6	694	3.9	420	3.4	117	5.4	1669	4.4
	Heterosexual Contact	116	2	961	5.4	441	3.6	64	2.9	1582	4.2
	Other/Undetermined	625	10.9	2120	11.9	1438	11.8	206	9.5	4389	11.6
	Total	5006	86.9	11812	66.5	10292	84.4	1684	77.5	28794	76
2.Female	Risk										
	People Who Inject Drug (PWID)	187	3.2	632	3.6	111	0.9	46	2.1	976	2.6
	Heterosexual Contact	288	5	2952	16.6	969	7.9	247	11.4	4456	11.8
	Other/Undetermined	279	4.8	2368	13.3	818	6.7	196	9	3661	9.7
	Total	754	13.1	5952	33.5	1898	15.6	489	22.5	9093	24
Total	Risk										
	Male-to-Male Sexual Contact	3668	63.7	7539	42.4	7843	64.3	1252	57.6	20302	53.6
	People Who Inject Drug (PWID)	346	6	1130	6.4	261	2.1	91	4.2	1828	4.8
	Male to Male Sex & PWID	438	7.6	694	3.9	420	3.4	117	5.4	1669	4.4
	Heterosexual Contact	404	7	3913	22	1410	11.6	311	14.3	6038	15.9
	Other/Undetermined	904	15.7	4488	25.3	2256	18.5	402	18.5	8050	21.2
	Total	5760	100	17764	100	12190	100	2173	100	37887	100

Figure 5: Reported Adult HIV Cases in Houston/HarrisCo., by Identified Risk 1/1/1999 - 03/31/2026

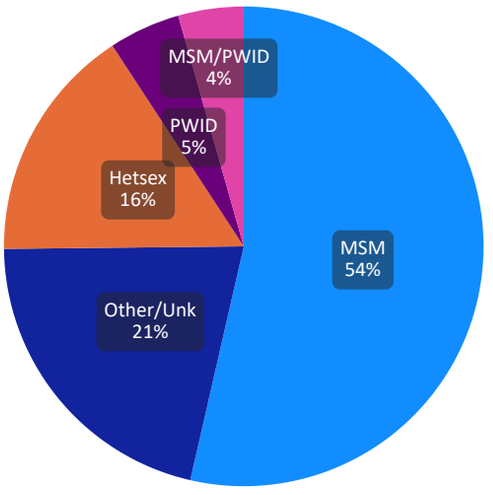
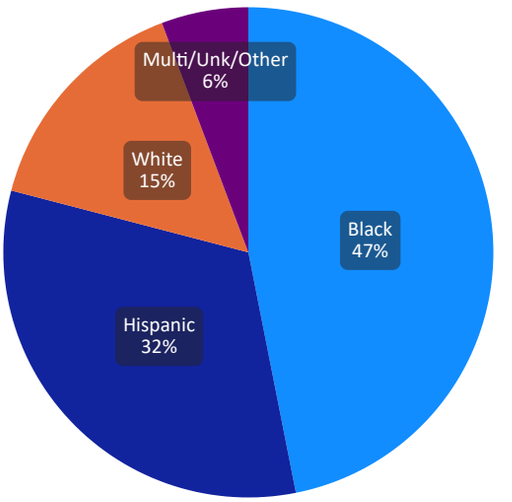


Figure 6: Reported Adult HIV Cases in Houston/Harris Co., by Race/Ethnicity 1/1/1999 - 03/31/2026



Note: Totals for all categories presented may change due to reporting delays or reclassification. 2024 and 2025 data are provisional and subject to change

Notes on HIV and AIDS categories

HIV became a reportable condition in Texas in 1999 when positive HIV Western blots performed after 1998 became reportable. In the year 2000, the case definition was expanded to include any detectable HIV viral load performed after 1999. So Houston/Harris County began reporting HIV in 1999. During the investigation of a positive HIV report, an earlier HIV diagnosis date may be discovered. An HIV case may be reported in 1999, but the HIV diagnosis date may be an earlier date such as 1994. Thus, the sum of all HIV cases reported from 1999 forward (the total number in Table 5) does not equal the sum of the HIV cases diagnosed from 1999 forward (the sum of the cases shown in Fig. 4).

As reported in this quarterly report, HIV and AIDS categories are not mutually exclusive categories. If a person has a reportable HIV test after 1998, the person will be counted as an HIV case, regardless of AIDS status. If the same person subsequently develops AIDS, the person will continue to be counted as an HIV case, regardless of AIDS status, but in addition be counted as an AIDS case. Thus, one cannot add the HIV and AIDS cases together to compute the number of cases of HIV or AIDS.

Interstate Duplication Evaluation Project (IDEP)

In October 2004, the state health departments and the CDC evaluated and resolved interstate duplication of HIV and AIDS case reports submitted to the national database. Less than 1% of the HIV-only cases and less than 2% of the AIDS cases were found to be duplicates in the Houston/Harris Co. database as a result of the IDEP project. Now the state health departments together with the CDC periodically compare cases, and evaluate and resolve interstate duplication of reporting.

Note on Heterosexual Contact Risk Category

The heterosexual contact risk category refers to heterosexual contact with people known to have HIV or at high risk for HIV (bisexual men or PWID).