MRT—Moral Reconation Therapy®, an NREPP program, is the premiere cognitive-behavioral treatment program for substance abuse and offender populations. Developed in 1985 by Dr. Gregory Little and Dr. Kenneth Robinson, over 200 published outcome studies have documented that MRT-treated offenders show significantly lower recidivism for periods as long as 20 years after treatment. MRT-based workbooks are available for a vast range of treatment needs for adult & juvenile offenders, substance abusers, Veterans, trauma survivors, and many other populations.

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