PrEP, or Pre-exposure prophylaxis, is the use of antiretroviral medication by HIV-negative people to prevent getting HIV. PrEP is part of a comprehensive HIV prevention strategy which includes taking a daily pill, getting screened regularly for sexually transmitted infections (STIs), and using condoms.

PrEP does not protect against other STIs or prevent pregnancy; nor is it a cure for HIV.

The FDA approved Truvada® for PrEP in July 2012. At present, Truvada® is the only FDA approved medication available for use as PrEP. Much like the birth control pill, Truvada® as PrEP is a pill taken once daily.

PEP, or Post-exposure prophylaxis, is the use of antiretroviral medication by HIV-negative people to prevent getting HIV. It must be taken within 72 hours after HIV exposure and is a 28-day course of antiretroviral medications.

There were more than 290 PrEP clients seen at the Houston Health Department’s PrEP Clinics as of April 2019.
References:


Notes:

* Includes clients seen in an Houston Health Department PrEP clinic from March 2017 to April 2019