

PrEP/PEP

Powerful Prevention tools against HIV



HOUSTON HEALTH
DEPARTMENT

What is PrEP?¹

PrEP, or **Pre-exposure prophylaxis**, is the use of antiretroviral medication by HIV-negative people to prevent getting HIV. PrEP is part of a comprehensive HIV prevention strategy which includes taking a daily pill, getting screened regularly for sexually transmitted infections (STIs), and using condoms.



PrEP does not protect against other STIs or prevent pregnancy; nor is it a cure for HIV.

The FDA approved Truvada® for PrEP in July 2012. At present, Truvada® is the only FDA approved medication available for use as PrEP. Much like the birth control pill, Truvada® as PrEP is a pill taken once daily.

What is PEP?¹

PEP, or **Post-exposure prophylaxis**, is the use of antiretroviral medication by HIV-negative people to prevent getting HIV. It must be taken within **72 hours after** HIV exposure and is a 28-day course of antiretroviral medications.

PrEP Directory¹

PrEP care providers are only a click away:

Houston PrEP Provider Directory:

- houstontx.gov/prep

National PrEP Provider Directory:

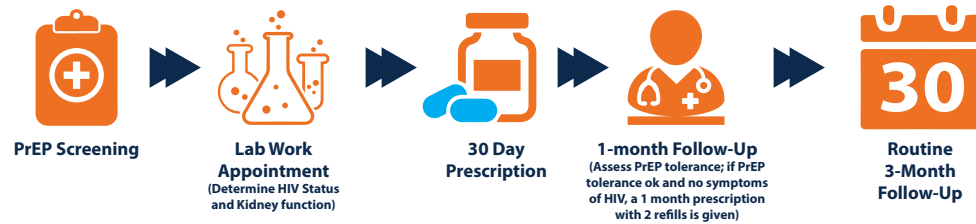
- preplocator.org

Time to Effectiveness¹

Depending on the patient's HIV risk, it can take anywhere from 7 to 20 days for medication to build up high enough levels of HIV protection.

Site	Estimated Time to PrEP Effectiveness
Rectal Tissue¹	7 Days
Vaginal Tissue¹	20 Days
Blood¹	20 Days

Houston Health Department's PrEP Flow

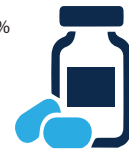


Race/Ethnicity
 Hispanic/Latino - 31%
 African American - 60%
 White - 5%
 *Other/unknown - 4%

*Other
 Multiracial, Asian, Native Hawaiian
 American Indian or Alaskan Native
 Unknown - missing data



Sex at Birth
 Female - 37%
 Male - 63%



As of April 2019, there were more than **290 PrEP clients** seen at the Houston Health Department's PrEP Clinics*

Eligibility for PrEP¹

PrEP may benefit you if you are HIV-negative and **ANY** of the following apply to you:

- Inconsistent use of condoms or not at all
- Have multiple sex partners
- Have sex with a person living with HIV (PLWH)
- Recently acquired bacterial sexually transmitted infection (STI)
- Have a partner who injects drugs (PWID) who is living with HIV
- Share injection or drug preparation equipment
- Engage in transactional sex (i.e., commercial work, exchange for housing)
- Recently used PEP
- **Or for anyone who is interested and requests it!¹**



Paying for PrEP¹

Having a clear understanding of your ability to pay for medication and the ability to connect to required resources is a critical component of PrEP services.

Patient Assistance Programs

Patients with health insurance:

- AdvancingAccessCopay.com
- Copays.org
- Panfoundation.org



Patients without health insurance:

- AdvancingAccessCopay.com
- Pprax.org

For most current options available, visit:

- fairpricingcoalition.org/medication-assistance-program-and-co-pay-programs-for-prep

Houston Health Department's PrEP Clinics

Serving clients for PrEP who are at least 18 years or older:

Sharpstown Health Center
 6201 Bonhomme, Houston, TX 77036
 832-395-9800
PrEP Clinic on Mondays & Tuesdays

Sunnyside Health Clinic
 4605 Wilmington, Houston, TX 77051
 832-395-0206
PrEP Clinic on Wednesdays mornings

Northside Health Center
 8504 Schuller, Houston, TX 77093
 832-395-9100
PrEP Clinic on Thursdays



References:

1. Houston Health Department. (2018). PrEP Provider Toolkit [Brochure]. Houston, TX.

Notes:

* Includes clients seen in an Houston Health Department PrEP clinic from March 2017 to April 2019