



HOUSTON HEALTH
DEPARTMENT

SUNNYSIDE MULTI-SERVICE CENTER

4410 Reed Rd.
Houston, Texas 77051
Office: 832-395-0069



MSC ADMINISTRATION

Monday – Friday 8:00 a.m. - 5:00 p.m.
Contact Toni Henderson 832-395-0008

The Sunnyside Multi-Service Center brings individual agencies and services to address the special needs of the neighborhood. Rental space is available for public meetings, receptions, workshops, banquets, seminars, etc. For information regarding rental fees and space availability call MSC.

COMMUNITY GARDEN COME GROW WITH US

Monday– Friday 7:00 a.m. - 9:30 a.m.
346-554-2943

The community garden program was started to show Houstonians how we can grow nutritious foods and give our neighborhoods a chance to participate in the process. Program consist of volunteers who help with planting, watering, and harvesting the community garden. Harvest is available.

THE HARRIS CENTER

832-395-0320
2nd floor Suite #: E223
Monday – Friday 8:00 a.m. - 5:00 p.m.
By appointment ONLY



FINANCIAL EMPOWERMENT

Tuesday –Friday 8:00 a.m. - 5:00 p.m.
Contact Roberto Howard 713-773-6000

SER Jobs provides financial empowerment by showing the community how to budget and spend money wisely, they hope to help teach financial literacy.

WOMEN INFANT AND CHILDREN (WIC)

Tuesday– Friday 8:00 a.m. - 5:30 p.m.
Appointment 832-393-5427

Women, Infant, and Children (WIC) is a special supplemental nutrition program which provides health care referrals, nutrition education and nutritious foods to pregnant, breast feeding, and postpartum women, and children under the age of five who have nutrition health related problems.



HOUSTONHEALTH.ORG

Houston Health Department
8000 North Stadium Drive, Houston, TX 77054, 832-393-4220



AAA CONGREGATE MEAL SENIOR PROGRAM

Monday-Friday 9:00 a.m. - 1:00 p.m.
Contact Faye Rabotte 832-395-0016

To qualify for the senior program you must be 60 years of age or older. The program focuses on socialization activities, arts and crafts and volunteer opportunities within the community. Nutritious meals offered daily to preregistered clients. We offer an array of fun and healthy activities, including exercise, games, line dancing, walking club, bingo, scrap booking, and wellness workshops.

COMMUNITY RELATIONS SPECIALIST

Monday - Friday 8:00 a.m. - 5:00 p.m.
Delbra James 832-395-0069

Assist clients in connecting them to particular services such as emergency food, emergency assistance with rent and utilities, medical support, job readiness workshops, and other issues affecting clients.

NURSE FAMILY PARTNERSHIP

Monday - Friday 8:00 a.m. - 5:00 p.m.
Contact Tameka Turner 832-395-0010

Nurse Family Partnership is an evidence-based, community health program that helps transform the lives of vulnerable and low income women who are pregnant with their first child. The program is designed to improve pregnancy outcomes by promoting positive health-related behaviors. The program is to improve child health, development, and safety by promoting competent care-giving. This will enhance parent life-course development by promoting pregnancy planning, education achievement, and employment. The mother then receives ongoing nurse home visits through her child's second birthday. Nurses adhere to developmentally appropriate guidelines in assessing the child's growth and development.

BEHAVIOR HEALTH

Monday-Friday 8:00 a.m. - 5:00 p.m.
Contact MSC 832-395-0033

Through funding of the Hogg Foundation for Mental health, Houston Health Department launched its Peer Wellness Specialist training and certification program for Transition-Age Youth. A transition-age youth is a person between the ages of 14 and 25, and a time of life when many people experience mental health challenges. Transition-age youths are faced with making complex decisions as they transition from adolescence into young adulthood. This can involve renegotiation of personal relations, health care, education, employment, housing and personal finances at the same time that the support and services they received as adolescents and altered or phased out. For more information, please contact the MSC or Victor Fears about this developed curriculum for Peer Wellness Specialist.

CENTER FOR WELLNESS AND RECOVERY

Monday - Friday 8:30 a.m. - 5:30 p.m.
Contact Dorothy West 346-619-6929

The Center for Recovery and Wellness Resources is for people who are seeking long term recovery. We know that recovery is (alcohol or drug) use disorders. The volunteers and staff are all people in longer term recovery. We know that recovery is about more than abstinence from alcohol and drugs—it is about building a satisfying and productive life in our community. Program concentrates on where you are now and what you are willing to do to enjoy a better tomorrow.

OTHER SERVICES OFFERED

Computer Lab

Workout Fitness Room
M-F

8:00 a.m. - 5:00 p.m.





GET MOVING FARMERS MARKET

Date and Times

Contact MSC

832-393-4054

Houston Health Department organizes farmers markets in underserved, inner city neighborhoods. The initiative provides easier access to affordable fruits and vegetables in Houston communities considered food deserts because they are underserved by grocery stores and other fresh food outlets.

HOUSTON FOOD BANK SENIOR DISTRIBUTION COMMODITY PROGRAM

832-369-9376

9:00 a.m. - 1:00 p.m.

The Senior Box Program is funded through the Commodity Supplemental Food Program, a federal program designed to improve the health nutrition of income eligible seniors. Seniors receive a box of food each month with a retail value of \$50, which helps stretch their fixed income s to keep food on the table. Eligible client must be: Harris County residents 60 and over. Income Guidelines: 1 person household must not exceed \$1287 per month, 2 person household must not exceed \$1736 per month. Income verification through Award Letter, Bank Statement, or Family Support.

BAKER RIPLEY (NCI) TAX PREPARATION

January 23rd - April 18th

9:00 a.m. – 5:00 p.m.

Contact MSC

832-395-0069

Free quality Tax Preparation by NCI
No appointments –Walk-Ins Only
Eligibility: Families and individuals earning up to \$58000. Includes free tax preparation, free e-filing and fast refund, direct deposit, and free ITIN applications.

DEPARTMENT OF NEIGHBORHOODS (DON)

Monday-Friday

8:00 a.m. – 5:00 p.m.

Contact Eldridge Peugh

832-394-0600

City of Houston Department of Neighborhoods' Inspection and Public Service division seeks to improve the quality of life in neighborhoods by reducing substandard living conditions. Report nuisance conditions such as overgrown lots, dangerous buildings, rubbish, unprotected holes, and stagnant water. Report to City's Service Helpline at 3-1-1.

