

Title X Family Planning and Reproductive Health Fact Sheet

Program	Services	Community
<p>Title X Family Planning and Reproductive Health</p>	<p>The Title X Family Planning and Reproductive Health Program is the nation’s only federal program dedicated solely to family planning and related preventative health services. The program awards service delivery grants to community health centers to provide high-quality, affordable, and confidential voluntary family planning and related preventive health services, with priority given to low-income clients.</p> <p>The U.S. Department of Health and Human Services’ Office of Population Affairs (OPA) provides funds to Title X family planning service grantees at the state level who support local sub-recipient service sites.</p> <p>OPA initially awarded Every Body Texas with a Title X family planning grant on March 31, 2013. Every Body Texas is a 501(c)(3), nonprofit organization dedicated to the proposition that every Texan should have equal access to high quality reproductive health services and control over the timing and spacing of their children. Every Body Texas is the statewide Title X grantee for Texas, and the funder for the Houston Health Department’s family planning program.</p> <p>Title X funding supports the local provision of family planning services encompassing contraceptive services, pregnancy testing, pregnancy counseling, assistance to achieve pregnancy, basic infertility services, sexually transmitted disease (STD) services, preconception health services, related preventive health services, and sexual education services.</p>	<p>Priorities for all Title X funded Family Planning Programs</p> <ul style="list-style-type: none"> • To provide Texans, through discussions of Reproductive Life Goals with the ability to exercise personal choice in achieving their reproductive health goals. • To ensure that quality family planning and related preventive health services are available to all individuals of reproductive age who want and need them, with a focus on access for individuals from low-income families and adolescents. • To provide a broad range of acceptable and effective family planning methods. The broad range of services does not include abortion as a method of family planning. • To ensure that all services are voluntary and provided confidentially. • To ensure that services are available to all who request them, regardless of ability to pay, residency, citizenship, limited English proficiency (LEP), gender, sexual orientation, marital status, disability, religion, age, race, ethnicity, or financial status. • To ensure that individuals who have incomes at or below 100% of the federal poverty level (FPL) are never charged for family planning services, although projects must bill third parties that are authorized or legally obligated to pay for services.

	<p>Preconception health refers to services that a family planning program may offer to promote the health of women and men of reproductive age before conception, with the goal of improving pregnancy-related outcomes. These services benefit men and women by improving health outcomes whether or not pregnancy is one of them.</p> <p>Preventive health services, provide for breast and cervical cancer screenings, and general preventive health services.</p> <p>Contraceptive services include the full range of FDA-approved methods available for family planning programs, including emergency contraception.</p> <p>Sexual health education provides clients with the knowledge and skills to help them practice healthy behaviors and avoid human immunodeficiency virus (HIV), sexually transmitted diseases (STDs), and unintended pregnancies.</p>	<ul style="list-style-type: none"> • To incorporate the Title X Program Requirements and OPA/CDC's Providing Quality Family Planning Services (QFP) throughout the Network. • To ensure the financial sustainability of family planning and preventive health agencies across the network. • To embrace innovation and technology, and to stay abreast of best practices and medical advancements in reproductive healthcare. • To establish linkages and partnerships with comprehensive primary care providers, HIV care and treatment providers, and mental health, drug, and alcohol treatment providers. <p>Title X Family Planning Eligibility: The Houston Health Department (HHD) Family Planning Program provides accessible family planning and reproductive healthcare to eligible women and men in Texas.</p> <ul style="list-style-type: none"> • Women and Men • Monthly Income ≤ 250% of the Federal Poverty Level • Age 14 to 51 • Consent is limited to minors (17 years of age and younger) seeking contraceptive drugs, contraceptive devices, or ECs. For added convenience, the CONSENT FOR MEDICAL TREATMENT OF MINOR RECEIVING CONTRACEPTION is available in English, Spanish, and Vietnamese for signature. Original signature is required, along with parent/guardian identification for presentation at visit. • Texas Resident
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A **family planning client** is a female or male of reproductive age who has had a **face-to-face encounter** and receives family planning or **core family planning related services**, with a family planning provider at a Title X service site.

Core Family Planning Services include reproductive life goals/plans, contraceptive services, help achieving pregnancy, basic infertility services, and STI services (including HIV/AIDS). Core family planning services also include preconception health services, which include screening for intimate partner violence, alcohol and drug use, tobacco use, depression, obesity, high blood pressure, diabetes, and immunizations.

HHD Title X Family Planning Service Sites:

- **La Nueva Casa de Amigos Health Center**
1809 North Main
Houston, TX 77009
832-395-0570
- **Northside Health Center**
8504 Schuller
Houston, TX 77093
832-395-9100
- **Sharpstown Health Center**
6201 Bonhomme
Houston, TX 77036
832-395-9800
- **Sunnyside Health Center**
4605 Wilmington Street
Houston, TX 77051
832-395-0206